

# Mazel Tov

**Mazel Tov to Racheli and David Foux**  
on the birth of a baby girl, Tal.

**Mazel tov to Xander Hyman** on the occasion of his Bar Mitzvah, to his parents Kate & James Hyman, to his grandparents Jane Hyman & Basil Hyman z'l, Louise & Daniel Unger, and to all the family.



## Shabbat Kiddush

**Chatan Bereshit Raphael Kain** and his wife Fritzti invite the congregation to kiddush in the Moritz Gertler Hall after the service.



## Seudah Shlishit

Seudah Shlishit has been sponsored by Lucy Collins, Samantha Manning, Sian Levy and Suzanne Okrent in memory of their father and husband, Philip Okrent.

## Forthcoming Kiddushim

*We kindly ask you to support the Communal Kiddush Fund - even a small contribution can make a difference. Our weekly kiddush is a special time for the community to come together. Please see the dates below where we don't yet have a sponsor.*

|                              |                                                                                             |
|------------------------------|---------------------------------------------------------------------------------------------|
| <b>Shabbat 17th October</b>  | Sponsored by an anonymous donor                                                             |
| <b>Shabbat 24th October</b>  | <b>Opportunity available for sponsorship</b>                                                |
| <b>Shabbat 31st October</b>  | <b>Opportunity available for sponsorship</b>                                                |
| <b>Shabbat 7th November</b>  | Sponsored by an anonymous donor                                                             |
| <b>Shabbat 14th November</b> | Kiddush sponsored by Boris and Rimma Bronfentrinker in celebration of Abigail's Bat Mitzvah |
| <b>Shabbat 21st November</b> | Kiddush sponsored by Barrie and Susan Roukin in celebration of Ori's Bar Mitzvah            |

*If you have a forthcoming simcha, birthday or yahrzeit and would like to sponsor or partly sponsor the kiddush, please contact Golan Cohen [secretary@shulinthewood.com](mailto:secretary@shulinthewood.com).*

## FORTHCOMING EVENTS / SIMCHAS

|                              |                                                                      |
|------------------------------|----------------------------------------------------------------------|
| <b>Tuesday 13th October</b>  | • The Gillian Burr Luncheon Club                                     |
| <b>Thursday 15th October</b> | • Ladies Guild visit to: Frida: The Making of An Icon 2.15pm         |
| <b>Tuesday 27th October</b>  | • The Gillian Burr Luncheon Club                                     |
| <b>Shabbat 7th November</b>  | • Sienna Kattan Bat Mitzvah                                          |
| <b>Tuesday 10th November</b> | • The Gillian Burr Luncheon Club                                     |
| <b>Shabbat 14th November</b> | • Annual Remembrance Service<br>• Abigail Bronfentrinker Bat Mitzvah |
| <b>Shabbat 21st November</b> | • Ori Roukin Bar Mitzvah                                             |

## EXTERNALLY-HOSTED EVENTS BEING HELD AT SJW

|                             |                                               |
|-----------------------------|-----------------------------------------------|
| <b>Tuesday 13th October</b> | • Bishnat Chazanut Concert with Shulem Lemmer |
|-----------------------------|-----------------------------------------------|

**Exam Excellence in 2026**  
 54% A\*-A Level  
 88% A\*-B A-Level  
 88% BTEC D\*-D, equivalent of A\*-A  
 24% Grade 9 GCSE  
 60% Grade 9-7 Inclusive GCSE

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 Top-Ranked Jewish School  
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**Senior School Open Evening**  
**8 October**

Discover Our Sixth Form  
**21 October**

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**BISHNAT**  
 More than music. A movement.  
 A concert that touches the heart and inspires the soul.

In Partnership With  
**StandWithUs**  
 UNITED KINGDOM

**Be The LIGHT**  
 STAND TOGETHER  
 Featuring **Shulem Lemmer** & Special Guests  
 TUESDAY 13TH OCTOBER 2026 | 7PM

**TICKET PRICES**

|                  |                        |                            |
|------------------|------------------------|----------------------------|
| VIP<br>£180-£250 | GENERAL SEATING<br>£50 | RESTRICTED VIEW<br>£10-£15 |
|------------------|------------------------|----------------------------|

RESERVE YOUR SEATS TODAY | [bishnat.org/event](http://bishnat.org/event)

SPONSORED AD

# WEEKLY EVENTS & CLASSES/SHIURIM

|                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                             |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>SUNDAYS</b><br>after Shacharit                                                                                                                                                                                                                                                         | <b>SUNDAYS &amp; TUESDAYS</b><br><br><b>Mimi Dwek Hebrew School</b><br>offers an upbeat, inspiring, and interactive Jewish educational experience for children from Nursery to year 7.<br>Contact us at <a href="mailto:hs@shulinthewood.com">hs@shulinthewood.com</a><br>Register online at <a href="http://www.shulinthewood.com/hs">www.shulinthewood.com/hs</a> | <b>MONDAYS</b><br>11.45am- 12.45pm<br><br><b>"I Believe – Faith in Challenging Times"</b><br>with<br>Rebbetzen Chai Cohen                                                                                                                                                   |
| <b>MON - THURS</b><br>8.00am - 6.00pm                                                                                                                                                                                                                                                     | <b>FRI</b><br>8.00am - 12.00pm<br><br><b>St John's Wood Synagogue's Kindergarten</b> is a loving, creative, vibrant, and nurturing school for 6 months to 5-years-old. We foster curiosity and growth for all children using Jewish values.<br><b>Contact Mary Da Costa</b><br><a href="mailto:nursery@shulinthewood.com">nursery@shulinthewood.com</a>             | <b>MONDAYS</b><br>12.45pm - 4.00pm<br><br><b>Duplicate Bridge</b><br>Under the direction of Matthew Hendrickson.<br><b>Donation:</b> £12 including refreshments.<br>Please contact Janet Weisz on 07789 864 054 for further information.<br>Bridge closed on Bank Holidays. |
| <b>MONDAYS</b><br>11.00am - 12.00pm<br><br><b>Babies in the Wood</b><br>A chilled and relaxed space for mums to bring their tots for singing and social.<br><b>Book online at <a href="http://www.shulinthewood.com/babies">www.shulinthewood.com/babies</a></b><br>Restarts 12th October | <b>TUESDAYS</b><br>10.00am - 12.15pm<br><br><b>Art Classes</b> run by<br>Hampstead School of Art.<br><br>Please contact Lucy Collins<br><a href="mailto:ladiesguild@shulinthewood.com">ladiesguild@shulinthewood.com</a><br>for further information.                                                                                                                |                                                                                                                                                                                                                                                                             |
| <b>TUESDAYS</b><br>8.00pm - 9.00pm<br><br><b>The Weekly Parsha Class</b><br>with Rabbi<br>Mendel Cohen                                                                                                                                                                                    | <b>FRIDAYS</b><br>9.00am 10.00am<br><br><b>Parsha of the Week</b><br>Shiur by Rabbi Yisroel Fine<br>on zoom. Please email<br><a href="mailto:rabbi.fine@live.co.uk">rabbi.fine@live.co.uk</a><br>for link.                                                                                                                                                          | <b>SHABBAT</b><br>before Mincha<br><br><b>Gemara Shiur</b><br>with<br>Alex Grunfeld                                                                                                                                                                                         |

Follow us on social media for updates on our events!



@shulinthewood



facebook.com/groups/shulinthewood

**If you have any Welfare issues please contact**

Lucy Collins 07881 838 657

# SERVICE TIMES

## SHABBAT

|                 |         |
|-----------------|---------|
| Shacharit       | 9.30am  |
| Mincha & Seudah | 5.45 pm |
| Ma'ariv         | 7.05pm  |

## SUNDAY

*Rosh Chodesh*

|                |        |
|----------------|--------|
| Shacharit      | 8.15am |
| Mincha/Ma'ariv | 5.30pm |

## MONDAY

*Rosh Chodesh*

|                |        |
|----------------|--------|
| Shacharit      | 7.00am |
| Mincha/Ma'ariv | 5.30pm |

## TUESDAY

|                |         |
|----------------|---------|
| Shacharit      | 7.25am  |
| Mincha/Ma'ariv | 5.30 pm |

## WEDNESDAY

|                |        |
|----------------|--------|
| Shacharit      | 7.25am |
| Mincha/Ma'ariv | 5.30pm |

## THURSDAY

|                |        |
|----------------|--------|
| Shacharit      | 7.15am |
| Mincha/Ma'ariv | 5.30pm |

## FRIDAY

|                         |        |
|-------------------------|--------|
| Shacharit               | 7.25am |
| Mincha/Kabbalat Shabbat | 5.51pm |

## NEXT SHABBAT

|                 |        |
|-----------------|--------|
| Shacharit       | 9.30am |
| Mincha & Seudah | 5.35pm |
| Ma'ariv         | 6.50pm |

*All services, other than on Shabbat morning, take place in the Steinfeld Beth HaMedrash.*

Chumash shiur before the Shabbat service at 9.15 am

## FRIDAY NIGHT

Pre-Davening L'chaims – 5.45pm  
- Dvar Torah after the service  
given this week by **Steven Taylor**

## SHABBAT DAY

**Rabbi Yossi Binstock** will lead the Services  
**Daniel Goldwater** will read the Haftarah  
**Raphael Kain and Paul Summer** will Lein  
**Rabbi Mendel Cohen** will give the Sermon  
**Nathan Heub** will sing Anim Zemirot

*Koren 5, 1645 - Kaplan 2, 1263 - Artscroll 2, 1207 - Hertz 1, 948*

# THOUGHT ON THE PARSHA

by Rabbi Mendel Cohen

## IN THE BEGINNING

"In the beginning..." — Bereishit 1:1 At the beginning of time (Sforno)

It is said in the name of the Tzemach Tzedek that the way one conducts oneself on Shabbat Bereishit sets the tone for the entire year.

There is something powerful about beginnings.

Behavioural scientists have identified what they call the "Fresh Start Effect". At the beginning of a new year, a new month, after a birthday, even on a Monday, people are more likely to set goals and resolve to change. We all know the feeling.

*This year I'm going to...*

*From now on I will...*

*Things are going to be different.*

It is easy to be inspired on Yom Kippur, the question is what we do on Tuesday, Wednesday, next week, next month. Remarkably quickly, life resumes. The diary fills up, and very often we drift back to exactly where we were before.

That is what makes Shabbat Bereishit so important. We have just emerged from an extraordinary & uplifting month. On Rosh Hashanah we reflected. On Yom Kippur we resolved. On Sukkot we celebrated. On Simchat Torah we danced.

And now comes the test. Not another dramatic festival or great spiritual moment. An ordinary Shabbat. Bereishit. Begin.

The Torah doesn't allow our resolutions to remain in Tishrei. It asks us to take something from everything we have experienced and put it into practice. To be a little kinder. More present. More committed. To make more time for the things and the people that really matter. To take one of the promises we made to ourselves over the Yamim Noraim and actually live it.

Ultimately, a resolution only matters when it becomes a reality.

We are fortunate that Judaism gives us beginnings again and again. Every year. Every month. Every week. Indeed, every morning. We don't have to change everything at once. But we do have to begin.

Shabbat Bereishit is our opportunity 'in the beginning' the very first words of the Torah to make sure that the year we prayed for is also the year we begin to build.

SHABBAT SHALOM

# Yahrzeits

Chayim Aruchim to the following members who are observing yahrzeit this week:

## Saturday 10 October -29 Tishri 5787

Elaine Mackover for her father, Reuben Feldman  
Michael Stern for his mother, Sara Stern

## Sunday 11 October - 30 Tishri 5787

Jeremy Amias for his stepfather, Leo Eisenfeld  
Peter Babani for his brother, Brian Babani  
Alan Goulden for his mother, Ella Goulden  
Suzanne Okrent for her husband, Samantha Manning and  
Lucy Collins for their father, Philip Okrent  
Elizabeth Silver for her mother, Sadie Looman

## Monday 12 October -1 Cheshvan 5787

Silia Dagul for her mother, Sabour Nigri  
Angela Feldman for her mother, Betty Bomzon

## Tuesday 13 October -2 Cheshvan 5787

Philip Bloom for his father, Jack Bloom  
Sylvain Gehler for his father, Lazar Gehler  
Hilary Offenbach for her father, Moshe Austin  
Nitza Sarner for her husband, Martin Sarner  
Adele Sinclair for her father, Jack Nissen  
Marilyn Ungar for her uncle, Hyman Goldring

## Wednesday 14 October - 3 Cheshvan 5787

Julie Harris for her father, Morris Harris  
Graham Lewinstein for his mother, Rosetta Lewinstein

## Thursday 15 October - 4 Cheshvan 5787

Malcolm Dagul for his mother, Marie Dagul  
Vivienne Levan for her mother, Lily Mann

## CONSECRATIONS

|                       |            |         |                    |
|-----------------------|------------|---------|--------------------|
| Henrietta Rita Morris | Bushey Old | 12.00pm | 1st November 2026  |
| Marcelle Lewis        | Bushey New | 12.00pm | 22nd November 2026 |
| Lynn Goldwyn          | Bushey New | 9.30am  | 13th December 2026 |
| Trevor Shaw           | Bushey Old | 10.00am | 13th December 2026 |

# CHILDREN AND YOUTH FORTHCOMING EVENTS

**THIS SHABBAT 10TH OCTOBER 10.45AM**

Tots Service in the Saplings Classroom with Lyla Loftus

Ages 4-7 Children's Service in Blossoms Classroom with Allegra Crystal

Ages 8-11 Children's Service in the Lord Sacks Office with Gabriella Abraham

Breakfast Club for year 7+ run by Ben Fabian in the Carter Club

Shabbat Morning Coffee Club with Leah 11.15am - Year 10+ Girls

**SUNDAY 11TH OCTOBER**

Junior Honours Laser Tag

INTRODUCING

# the KIDS' SHUL

SIX UNFORGETTABLE SHABBAT EXPERIENCES FOR CHILDREN AND FAMILIES

TO ENSURE THAT EVERY CHILD FEELS CONNECTED TO THEIR SYNAGOGUE, KNOWS THE KEY SONGS IN THE SERVICE AND FEELS COMFORTABLE TO JOIN ALONG!



**MAGIC SHABBAT**

7 NOVEMBER 2026

- Impressive Magic Show
- Learn amazing new Magic Tricks
- Magical-themed Kiddush & Treats



**CHANUKAH SHABBAT**

5 DECEMBER 2026

- Epic Chanukah Games & Challenges
- Doughnut Toss
- Chanukah-themed Kiddush



**"GRAND" FRIDAY NIGHT**

23 JANUARY 2027

- Bring your GRANDparents!
- Musical Kabbalat Shabbat
- Kiddush, challah and chicken soup



**MUSICAL HAVDALAH & FIREWORKS**

6 FEBRUARY 2027

- Motzei Shabbat Pyjama Party
- Musical Havdalah
- Dazzling fireworks display
- Toasted marshmallows and s'mores



**GAMES SHABBAT**

13 MARCH 2027

- Epic life-size games
- Guess Who?, Noughts and Crosses, Connect 4 and more!
- Games-themed Kiddush



**OLYMPIC SHABBAT**

15 MAY 2027

- Super-fun Sports sessions with Dylan
- Olympic games and challenges
- Medals and trophies!
- Olympic-themed Kiddush

ALL CHILDREN AND FAMILIES WELCOME.



THE SUNDAY TIMES  
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## JOIN US FOR OUR OPEN EVENINGS

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8 October

Discover Our Sixth Form  
21 October

A Tradition of Excellence.  
A Future of Opportunity.





# בראשית

## שבת מברכים מרחשון - מחר חודש

### BEREISHIT – SHABBAT MEVORCHIM - MAR-CHESHVAN

10th October 2026    29th Tishrei 5787

SHABBAT BEGINS 6.06PM | SHABBAT ENDS 7.05PM

MINCHA & KABBALAT SHABBAT 6.00PM  
SHACHARIT 9.30AM | MINCHA 5.05PM | MAARIV 7.05PM